

The Warrior Weekly

Bethel Regional High School

Volume 6, Issue 20

Friday, February 24, 2023

Bethel, Alaska



JH have fun playing home games

By: Cleo Nicolai



Last weekend both JH boys and girls played basketball against the JV boys and girls. Kalskag was supposed to come on the 16 of February, but sadly they didn't make it in. Luckily JV played in for Kalskag. There were also Blue/Gold games.

Ethan Wheeler, "I think I played pretty well last weekend. I passed the well and took some good shots. When Kalskag cancelled I was fine with it because i knew we would have blue and gold games and those are always competitive and fun. I think our team needs to work on getting open with the team pressing and staying calm under pressure in the final minutes. Last thing we need to work on is making our layups and boxing out because we would miss shots then we would allow the other team to get rebounds and that killed us against JV."

Jayden Fredericks, "I played decent, but can definitely do better. When Kalskag decided not to come I was kinda bummed because court time is the best for all of us. Some things we need to improve in as a team is good passes, moving without the ball, defensive boards, and looking for an open man."

Jackson Iverson, "I believe I played amazing against JV. I played the entire game, I dropped 29 points on the team. I was disappointed when kalskag cancelled. I think my teammates need to work on work ethic."

Brandon Ayapan, "I think I played good, but not the way i wanted to play. When kalskag got cancelled I thought it was okay because we still got to play and have some fun."

The last home games for the Junior High is going to be this weekend on Friday and Saturday against Kwethluk if they come, Kalskag, Apanrun and JV boys.

Junior High games last weekend

by E. LaValle



Last weekend, junior high basketball teams played home games. The junior high girls lost to JV girls on Friday, and beat them in a re-match on Saturday.

Sally Peters said, "I think we played well as a team. We did good communicating and encouraging others. We have grown a lot since the start of the year. I think we could work on guarding/defense (staying on your person). I was disappointed when Kalskag canceled, it would have been good to play against people other than Bethel. It would have been fun and good for our team."

Ashlynn Lonewolf said, "We played pretty good last weekend, hit mostly wide range shots. I think my team and I should work on setting up the play and swinging the ball. When Kalskag canceled I felt very disappointed because I was waiting all week to play them and I was excited to play with another team and not just a scrimmage."

Gabby Sanbei said, "I think I played ok last weekend. Our team needs to work on passing and seeing each other more. I felt kinda annoyed that Kalskag canceled."

Brianna Fredericks said, "I feel like we played good, but we need to work on passing and shooting. I was disappointed when Kalskag canceled because I wanted to play them."

The Junior High girls will play Kalskag this weekend. Their first game will be on Friday at 4pm, and the next one will be on Saturday at 1pm. They will play Ayaprun at 3pm on Saturday as well.

Warrior varsity girls basketball team claims victory in Kotzebue

by Warrior Weekly Staff



Last weekend, February 17-18, the BRHS varsity girls basketball team beat Kotzebue on the former team’s home court with a win on both Friday and Saturday.

The team began the season with many new varsity players, having lost many graduating seniors last spring. So, they’ve been working hard to mesh as a team. Coach Regina Lieb said, “The weekend was a good one. We went into the two games against Kotzebue having lost to them the weekend before at the Homer tournament. We worked on some things, made a few adjustments and they went into the games over the weekend ready to put them into play. It is always good to come away with a couple of conference wins when you are not at home.”

Biella Herron said, “My team did a great job staying positive throughout both games, not getting frazzled when the game got close or when we felt pressured.”

Isabel Lieb said, “I feel our team did well on defense, which helped us create a good offense. We also stopped a lot of their transitions. There was one time on the first night it was the end of the first quarter, there were three seconds and I got a buzzer beater 3-pointer.”

With regions approaching next month, the varsity team has been honing their skills and teamwork. This weekend, the team will travel to Nome. Good luck Warriors!



BRHS varsity boys basketball team displays energy at home

by Warrior Weekly Staff



Last weekend, Feb. 17-18, the Warrior varsity boys basketball team welcomed Kotzebue to the Warrior Dome, where they played both Friday and Saturday night to a packed gym.

The BRHS team’s energy was high on Friday evening; they made the first of many baskets of the game. For much of first quarter, the Warriors were ahead, before Kotzebue scored some of their own points; then, the game was close up until the end, when Bethel won 53-50. Varsity player, Brian Guest said, “On Friday our defense was solid and we communicated very well. On Saturday we had great hustle and perseverance.”



During that 2nd game, the Warriors were able to score well and hold off Kotzebue much of the time with their defensive skills. However, Kotzebue won with a score of 71-62. This weekend, the varsity boys will play Nome. See the BRHS facebook page for more schedule details! Good luck Warriors!

ANSEP is hard work BUT worth it!

by Justine Erickson-Bradney



ANSEP students Allie Alexie, Kaylie St. Vincent, Jordan Klejka, Isabella January and Maya Komulainen studying together in room 203.

Contrary to popular belief, ANSEP is not always easy. Some days may feel easy compared to others, but there is always plenty of work to keep everyone busy. Many assignments are to be completed as homework because when students are in their 90-minute classes they listen to the teachers lecture.

After the class is over the teacher then expects students to complete the assignment in a timely manner, meaning that generally assignments cannot be accepted at full credit if they are late. Assignments generally are not hard to grasp, but they do take a lot of time, about equal to the amount of time spent in lecture and effort to complete. In this program if students slack off they will not reap the benefits of this program.

Some students would like to share what their typical day looks like to emphasize the many hours of effort and hard work they put into their classes. Allie Alexie of Bethel said, “A lot of the time, ANSEP is not challenging, so long as you are staying consistent and motivated to finish your work each day. It does get a little challenging during the weeks of midterms and finals, but so far, it hasn't been a problem for me yet. My typical school days on Mondays and Wednesdays is usually recitation from 8am-12:30pm, 1 class from 12:45-2:15pm, then I lead recitation for those who would like some extra help in their classes from 2:45-4pm, and then I go to basketball practice from 4:30-6:30pm, and my evening class from 7:20-8:50pm. Tuesdays and Thursdays are usually my easy days where I can work on my online classes, since I don't have any in person classes on these days; I am usually in recitation all day from 8am-3:30pm. Each week, I would say I spend a total of 8 hours for each of my classes to finish all that I have assigned for the week.”

Isabella January of Bethel said, “To me ANSEP is challenging at times; it depends on the amount of school work that needs to be done that week. Some days have a lot more work than others. Midterms and Finals week are the most stressful, because I have to recall everything that I have learned. My typical school day is that I do my calculus 2 and organic chemistry school work in the morning. Then around lunch time I do my health, history or English school work. I probably spend 13 hours a day studying, and along with getting ahead in my school work on the weekends. I usually stay up till 10 doing my homework.”

AnnaLayne Ulroan of Oscarville said, “I think ANSEP is both easy and challenging, depending on if I keep up with my schoolwork or not. Each weekday I get to school at about 8 A.M. and make a cup of coffee. Then I begin doing homework, taking breaks in between. There are days I procrastinate though. Currently, I do not have any night classes; but I did have one last semester. The class I took was Yup'ik F205. Some days I did not want to join the class because I wanted to hang out with friends, but I am glad I chose to join. I am currently unsure on how many hours I spend doing homework. “I do not stay up late working on homework. Last semester, I used to work on an assignment for a whole day until midnight. The only time that would happen was when I had a deadline at midnight, and I had been procrastinating on that assignment up until the due date.”

Kaylie St. Vincent of Bethel said, “ANSEP is not challenging if you are able to stay ahead of your work and not procrastinate. My typical school day has either an in-person class or a class on zoom, as well as recitation periods which is my time to study. I do not have any night classes this semester. This semester I am taking five classes and each week I spend about eight hours studying for each class. I do not stay up late doing homework as I use my time during recitation wisely to stay ahead of my work.”

Between recitations, which are dedicated homework times where you can get help, classes and individual study time, ANSEP students are always busy. If students slack off and do not take the program seriously, they will not find success and this could lead to academic probation or even removal from the program and a return to your home high school. So, the most important part of this program is remembering to stay on top of assignments and put in the effort.

Ms. Speranza's 1/2 hour

By: Fannie Chaliak

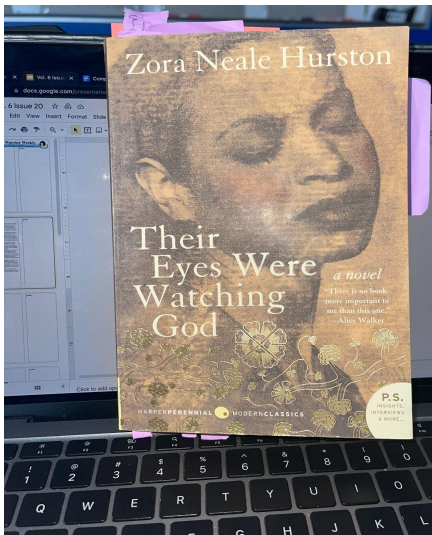
Novel study with Ms. Speranza is my 1/2 hour, and we are reading an interesting book called, *Their Eyes Were Watching God*. This book is mostly focused on a young woman named Janie, how her childhood life was like, and her adult life struggles she had.

We read one chapter on average, three times a week, we annotate and answer the comprehension questions about what happened. Every 5-6 chapters we read, we take a quiz or test about it, just to let Ms. Speranza know that we understand what is what going on, and to make sure that we actually paid attention.

This book is quite interesting, there are new words I haven't seen before or heard of, here is an example: Dialect: *A particular form of a language which is peculiar to a specific region or social group*. I speak Yup'ik in this area, which means I'm going to have a different dialect than someone in another part of Alaska.

I think that this book teaches a lot of people about women and African Americans, and what they've gone through. It's pretty cool because if you really look at it, this shows how it felt to struggle as an African American woman in the early 1900s, basically putting the readers into their shoes.

This week we are going to read chapter 6, and it might be the longest one we've ever had in this book. I want know more about what's going to happen to Janie and her now husband. This book is pretty fun to read because of how realistic it feels, and I really like how the narrator or writer makes it interesting with the dialogue.



Recipe of the week

By Selena Echuck



Students cooked on Tuesday in basic foods class. They made baked chicken tacos. The students worked in groups of four or more people to get the food prep and cook the chicken so they could eat it. We made different recipes and this is one of them that we made.

We are learning our cutting skills, how to work the temperature in the oven, so we cook the meat and other things right temperature so it won't be overcooked or undercooked. Mrs.Samuels said she chose tacos because she knew that all the students would love them.” I want the students to keep practicing their chopping skills.”

Ingredients:

- | | |
|-------------------------|--------------------------|
| - 1 chicken breast | - 1/2 onion |
| - 2 tbsp taco seasoning | - 1/4 head of lettuce |
| - 1 tsp salt | - 1 tortilla per student |
| - 1 tbsp olive oil | - shredded cheese |
| - 1 tomato | |

Instructions:

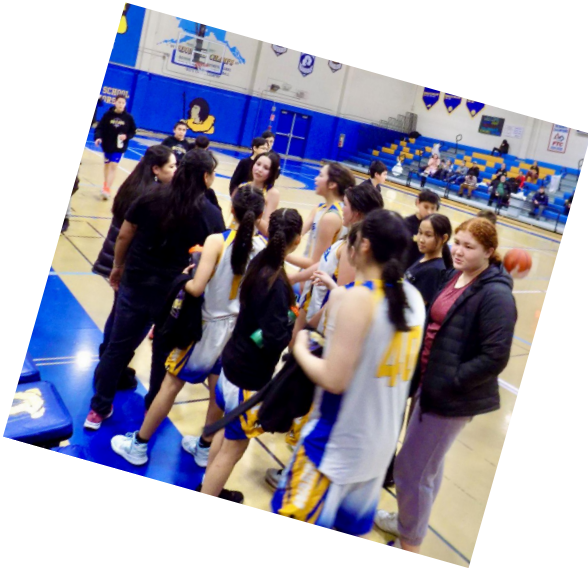
1. Preheat oven to 350 degrees, drizzle olive oil over parchment paper cover backing sheet. Place chicken breast on baking sheet and season with taco seasoning and salt, evenly rub seasoning over both sides of chicken breast. Place them in the oven cook for twenty minutes or until chicken reached internal temperature of 165 degrees. Take the chicken out of the oven let it set for five minutes before dicing it.
2. While chicken is baking wash your produce in the sink, dice tomatoes and onions, cut lettuce into small shreds.
3. Assemble tacos and enjoy.



Apple Swan

Students in basic foods cut this apple into a Swan on Friday 17th. practice knife skills to cut into different size and shapes. For me personally I had fun cutting the apple into a swan with my group. Att first it was hard to get toit to look like a swan then my group and me we finally got it to look like a swan.

Additional Photos!





CAPTURE YOUR MEMORIES IN THIS YEAR'S

BETHEL REGIONAL HIGH SCHOOL YEARBOOK!

Customize Your 2 Free Pages

Add photos from your computer, Facebook, Instagram, Google Drive & more.

Answer fun Memory Questions to help remember the year.

The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

- 1 Go to: www.treering.com/validate
- 2 Enter your school's passcode:
1013118168661915

Regular price: **\$50.00**

Create Custom Pages by: **Mar 24**

treering